



**NORTHERN AUSTRALIA
PRIMARY HEALTH LTD**

A healthier future for all Australians

A decade supporting youth mental health in Townsville

17 May 2018

We recently celebrated a milestone anniversary when Kirsten Seymour reached 10 years with headspace.

Kirsten is the widely-respected Centre Manager at headspace Townsville, which Northern Australia Primary Health Limited (NAPHL) proudly runs.

NAPHL CEO Julie Sturgess (pictured on the left) congratulated Kirsten on the milestone, and thanked her for her commitment.

“The things that you’ve done are pretty amazing,” Julie said.

“Shedspace is a classic example of looking to do things differently and provide for the community and the young people that we deliver services to.”

NAPHL Director Mental Health Services Phil Ihme (pictured on the right) agreed, pointing out just a few of Kirsten’s ‘out-of-the-box’ achievements over a decade, including Shedspace, Townsville Community Network and Animal Assisted Therapy.

“It really brings a lot to our centre. It makes a difference. So thank you.”



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